

Training and Education for Professionals

Yes, you can do this! In December 2017, the Hoarding Task Force presented a training “Introduction to Hoarding Disorder”. We anticipated perhaps 30-40 trainees. We had to shut registration when we reached capacity at 105! Lesson learned since that time: Summit County likely has as many as 20,000 residents with a diagnosable hoarding disorder (HD) who need our assistance.

Print Resources:

Steketee, G. & Frost, R. (2013). *Treatment for hoarding disorder: Therapists guide*. Oxford University Press: New York.

Steketee, G. & Frost, R. (2010). *Stuff: Compulsive hoarding and the meaning of things*. Mariner Books: New York.

Tolin, D., Steketee, G. & Frost, R. (2007). *Buried in treasures: Help for compulsive acquiring, saving, and hoarding*. Oxford University Press: New York.

Web Resources:

[Institute for Challenging Disorganization](#) (fact sheets, clutter hoarding scale, research studies)

[Institute of Living](#) (guidelines for treatment, recommendations for treatment)

[International OCD Foundation](#) (general information, assessment, and treatment recommendations)

[Motivational Techniques and Skills for Mental Health Counseling](#)

Scholarly Articles:

Cath, D.C., Nizar, K., Boomsma, D. & Mathews, C.A. (2017). [Age specific prevalence of hoarding and obsessive compulsive disorder: A population-based study](#). *American Journal of Geriatric Psychiatry*, 25(3), 245-255.

Frost, R., Steketee, G. & Tolin, D. (2011). [Comorbidity in hoarding disorder](#). *Journal of Depression and Anxiety*, 28(10), 876-884.

Steketee, G., Frost, R., Tolin, D., Rasmussen, J. & Brown, T.A. (2010). [Waitlist-controlled trial of cognitive behavior therapy for hoarding disorder](#). *Journal of Depression and Anxiety*, 27(5), 476-484.

Tolin, D., Frost, R., & Steketee, G. (2010). [A brief interview for assessing compulsive hoarding: The hoarding rating scale-interview](#). *Psychiatry Research*, 178(1), 147-152.

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Video Resources:

[TEDX Talk with Ceci Garrett- Hoarding as a Mental Health Issue](#)

[Interview with Mayo Clinic Psychologist Dr. Craig Sawchuk](#)

[Interview with Dr. Randy Frost- Keep Talking: Compulsive Hoarding Disorder](#)

[Perspectives on Hoarding Conference Keynote Speaker Lee Shuer: Less Finding + Less Keeping = More Living](#)

[Perspectives on Hoarding Conference Keynote Speaker Rebecca Shuer: Lost in Clutter](#)

[Dr. Randy Frost at the NY State Supportive Housing Conference](#)

[Hoarding Expert Dr. David Tolin Talks about Hoarding and Cognitive Behavioral Therapy \(start video at minute 6\)](#)

Community Hoarding Collaboratives:

[Cuyahoga County Hoarding Task Force](#)

Interested in Joining the Hoarding Task Force?

The Hoarding Task Force meets the second Thursday of every month from 8:00am – 9:00am.

Meetings are held online. Please RSVP to clutterhelp@admboard.org or call (330)-762-3500 (ask for the Hoarding Coordinator) to receive meeting link.